

UK Paediatric Glaucoma Society (UKPGS) Annual Meeting
Saturday 23rd January 2021, 10:30 – 16:35 GMT

Approved CPD 6 points (Royal College of Ophthalmologists)

Poster-only Abstracts

a - Paediatric glaucoma: What we know and where we are heading

Dr Ayesha Akhtar

Birmingham Midland Eye Centre, Birmingham, UK

Correspondence: ayesha.akhtar1@nhs.net

Introduction: Paediatric Glaucoma (PG) is an increase in intraocular pressure that is noticed at birth or during the early years of life. It is the leading cause of blindness and represents a significant threat to the patient's vision. PG therefore represents an important healthcare burden. A literature review into the pathophysiology, risk factors and diagnosis will be conducted. The current management of this condition and future innovative plans to tackle PG will also be reviewed. The majority of PG cases result in damage to the delicate nerve fibres of the optic nerve. Therefore, various techniques have been used to manage this and optimise remaining vision. Medical management often involves eye drops or oral medications which decrease fluid production in the eye or increase the exit of fluid from the eye. Both subsequently decrease eye pressure.

Two main surgical techniques exist: trabeculotomy and goniotomy, which open drainage canals. Despite these treatments being successful for most, there are patients with refractory glaucoma. There is little consensus on how to treat this group. Glaucoma drainage devices are the current mainstay of treatment for those with failed surgeries but contemporary literature about 10-year success of these are limited. The knowledge base of PG continues to improve. Therefore, with increased understanding of pathogenesis, it is believed future work should focus on pharmacologic management.